

SpR training day – Friday 1<sup>st</sup> November

Venue: Rooms 10/11/12; Clinical Education Centre, Russells Hall Hospital

Topics: Hand & Wrist Regional Rheumatology (curriculum p12, 17-18)

Rheumatoid Arthritis Update (curriculum p 8-9)

Communication Skills for Rheumatologists (curriculum p47-49)

9-9.250:	Coffee and registration	
9.25 – 9.30:	Welcome	Dr Sandhu
9.30 – 10.15:	Anatomy of the hand and wrist quiz	Drs Hirsch/Douglas
10.15 – 11:	Plain radiographs of hand and wrist	Dr Shave
11-11.30:	Coffee	
11.30-11.50:	Medical management of common hand/wrist problems	Dr Malik
11.50 – 12.20:	Occupational therapy	Ms G Brown
12.20 – 1pm:	Orthopaedic surgery of the hand and wrist	Mr Sinha
1.00 – 1.45:	Lunch	
1.45 – 2.30:	RA update; exam questions	Drs Douglas/John
2.30 – 4.30:	Communication skills	Dr Sandhu
	Small group practical to cover issues	
	a) within the consultation	
	b) breaking bad news	
	c) complaints and medical errors	
4.30:	Any questions and finish	

Thanks to Pfizer for kindly sponsoring the day

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**Curriculum:**

**a) radiology**

**Hand & Wrist Pathology:**

The trainee should be able to identify:

- Radiocarpal joint pathology
- Distal radio-ulnar joint pathology
- MCP or IP joint pathology
- Hand deformities
- Muscle wasting
- Flexor or extensor tenosynovitis or tendon nodules
- Rupture or attenuation of flexor or extensor tendons of fingers or thumb
- De Quervain's tenovaginitis
- Carpal tunnel syndrome

**b) Orthopaedic**

Identify circumstances in which orthopaedic referral is appropriate

- Describe the indications for, principles of and complications of, those orthopaedic procedures commonly carried out on patients with rheumatological conditions. These include joint replacements, arthrodeses, nerve decompressions, spinal decompression procedures, arthroscopic and open joint lavage, procedures for soft tissue problems in
  - the hands, shoulders and knees.

**c) RA**

Articular, systemic and complications of RA

**d) Communication Skills**

- within the consultation
- breaking bad news
- complaints and medical errors