

WEST MIDLANDS RHEUMATOLOGY StR TRAINING DAY

6 September 2013

1st Floor Lecture Room, Haywood Hospital



- 09.00 Welcome and Registration
- 09.30 Introduction to the Day
(Dr Zoe Paskins, Clinical Lecturer in Rheumatology)
- 09.45 The Natural History of OA – Occurrence, Presentation and Course of Joint Pain
(Professor George Peat, Professor of Clinical Epidemiology)
- 10.30 Hot off the Press! NICE and Osteoarthritis – an Update
(Professor Krysia Dziedzic, Arthritis Research UK Professor of Musculoskeletal Therapies)
- 11.30 Coffee
- 11.45 Idiots' Guide to Complementary Therapies
(Dr Zoe Paskins)
- 12.00 Debate: This House Believes that Complementary Therapies are a Useful Adjunct in the Treatment of Osteoarthritis
(Fery Malik, Subhra Raghuvanshi, Kay Stevenson, Consultant Physiotherapist & Dr Zoe Paskins)
- 12.40 Lunch & Tour of Hospital [Including feedback for debaters]
(Kay Stevenson & Dr Caitlyn Dowson, Consultant Rheumatologist & Clinical Lead for Rheumatology & Osteoporosis)
- 13.40 3 x 30 minutes Workshops:
1) Microscopy; 2) Clinical cases; 3) X-ray interpretation
*1) Janet Turner, Senior Research Assistant & Nicola Nixon, Research Lab Manager
2) Dr Caitlyn Dowson
3) Dr Zoe Paskins*
- 15.15 Tea
- 15.30 Orthopaedic Interventions for Osteoarthritis of the Knee
(Mr David Griffiths, Consultant Orthopaedic Surgeon, UHNS)
- 16.20 Feedback, prizes
- 16.30 Close



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