

## How to Refer

All referrals should come via Choose & Book and the process is set out below:-

Service Search Criteria Page

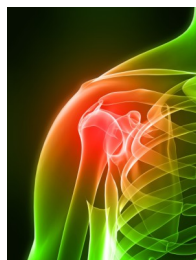
Choose speciality = **Orthopaedics**

Choose Clinic Type – i.e. **foot & ankle, hip, knee etc**

Click **Search Primary Care**

The MIS Service will show on C&B as follows

**Adult Musculoskeletal Interface Service (Stoke PCT- 5PJ) Inc Smashers & Stabs services—Haywood Hospital**



For more information please visit our website at:-

<http://www.haywoodrheumatology.org.uk>

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**Musculoskeletal Interface Service (MIS)**

**Haywood Hospital**

**High Lane**

**Stoke on Trent**

**ST6 7AG**

**Tel: 01782 673703**

To leave feedback on our service please visit

<http://tinyurl.com/6a8twqh>

# Musculoskeletal Interface Service (MIS)

## A Guide For Clinicians



**The primary aims of the service are:**

- To review and signpost all GP referrals entering the service
- To provide a range of clinical assessments and therapeutic interventions including therapy, joint/peri articular injections and patient education
- To have the capability for rapid access to imaging diagnostics where deemed appropriate (e.g. X-Ray, MRI, Ultrasound, Nerve Conduction, etc).

The service is jointly managed between a lead clinician (Consultant Rheumatologist), Consultant Physiotherapist and an operational service manager. The service is delivered by our Advanced Musculoskeletal (MSK) Practitioners. These may be Consultant Rheumatologists, Extended Scope Practitioners (ESPs), Rehabilitation Doctors, Consultant Physiotherapists, or GPs with a special interest (GPSIs).

**Musculoskeletal Interface Service**

Examples of conditions seen and treated:

Single or multiple joint pain, Degenerative conditions, Soft tissue pathology, Identified Osteoarthritis, Carpal tunnel syndrome

1<sup>st</sup> CMC Osteoarthritis, AC Joint Dysfunction, DeQuervains Tenosynovitis, Ganglion, Epicondylitis (Tennis elbow), Golfers Elbow, Non-inflammatory Neck Pain, Olecranon Bursitis, Rotator Cuff Tear, Shoulder Capsulitis, Sub-Acromial Bursitis / Painful Arc, Trigger Finger, Ulnar Neuritis,

Achilles Tendonitis, Ankle Pain, Hip Bursitis, Hip OA, Anterior Knee Pain, Mechanical Knee pain, Non-specific Knee pain, Knee OA, Meralgia Paraesthetica, Morton's Metatarsalgia, Mid foot pain, Plantar Fasciitis.

Back and / or back and leg pain, degenerative and soft tissue conditions related to the lumbar spine to include conditions such as spondylolisthesis, spondylosis, facet joint degeneration, spinal stenosis

We do not see red flag cases or children (under 18). If any referral is deemed to be red flag at triage it is referred straight to Orthopaedics.

Clinics are held in a variety of locations across North Staffordshire. The appointment will last up to 30 minutes and the patient could be seen by any of our musculoskeletal practitioners. They will ask about the problem, do an examination and suggest treatment.

The patient will either be seen in one of our general musculoskeletal clinics or in a specialist back pain clinic. Following the appointment we will send a letter back to you.

The patient may be referred for investigations such as X-rays, blood tests or scans.

At the appointment the patient may be offered and given treatment such as medication, an injection or self-management advice. The patient may also be referred to another service for treatment, such as physiotherapy.

Sometimes we need to wait for test results before deciding on treatment. Once these are available, we will contact the patient by letter or phone, or we will see them in clinic again to discuss the test results, or to arrange any treatments they might need.

If the MSK practitioners feel the patient can be managed by the GP we will send a letter back to you with guidance on treatment.

If it is necessary for the patient to have an operation this will be discussed with them. The PCT choice and referral centre will contact the patient to offer choice.



A strong governance process is in place to ensure clinicians are appropriately trained and supported to undertake this clinical activity. All practitioners are supported by senior clinicians.

Regular patient feedback is also sought via our patient feedback questionnaire.